

Shem Downes

Professor Mitchell

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Written summary of Spiritual Growth Plan

A 3 ½ year plan for spiritual growth with Jesus is an ambitious yet achievable goal. In order to make the most out of this time period, I intend to grow emotionally, socially, spiritually, and intellectually. Each of these areas of growth will be essential in deepening my relationship with Jesus and becoming a more well-rounded Jesus follower and compassionate person.

Emotional development is essential in any plan for spiritual growth, and I intend to make it a central focus over the next 3 ½ years. I plan to regularly engage in practices such as journaling, meditation, and therapy to help me process my emotions and develop a greater sense of self-awareness. In addition, I will seek out opportunities to practice empathy and compassion towards others, whether through volunteer work or simply by listening more deeply to the people in my life. Im going to continue working at an summer camp which helps me see emotions since wear right on there face. I guess because as we get older we get good at hiding them. They even help me to connect with mine better because they are so bold with their emotions.

I believe that spiritual growth cannot happen in isolation, and so I plan to focus on building strong and supportive relationships over the next 3 ½ years. I will seek out a community of like-minded individuals who share my spiritual values, whether through a church, a small group, or another organization. I'll make sure to not to miss a day of Friday youth service and fellowships meetups to make lifelong friendship with people similar to my age. I also plan to develop closer relationships with the people already in my life, by prioritizing quality time with friends and family, and being intentional about deepening our connections.

Of course, the most important aspect of this plan for spiritual growth is deepening my relationship with Jesus. I plan to make prayer and Bible study a central part of my daily routine and to seek out opportunities for spiritual retreats. I will also seek out a mentor and spiritual directors who can help guide me on this journey, and I will be open to new experiences and practices that can help me grow spiritually. Since out of my comfort zone is when God seems to reach me most at least.

Finally, intellectual growth is essential in any plan for spiritual growth. I plan to continue reading widely on topics related to spirituality and theology and to seek out opportunities for formal education in these areas. I will also seek opportunities for intellectual dialogue and debate within my community and beyond. In things like small groups or Bible study so people can also help sharpen me up. Iron sharpens iron is the saying right?

In conclusion, By focusing on emotional, social, spiritual, and intellectual growth, I believe I can deepen my relationship with Jesus and become a more whole and compassionate person. The person to keep me accountable are definitely my older sister Yona and twin brother. Since my sister is always checking on me to see if I'm on point. While my brother is with me 95% of the time it is a rarity we are not together so he can see everything and he doesn't fear critiquing me to be better. I am excited to embark on this journey, and I look forward to seeing where it leads me.