

**Key Problem:**

**Disturbed Body Image**

- Feelings of helplessness or hopelessness.
- Inability to perform ADL
- Verbal expression of negative feelings related to functional disability

**INTERVENTIONS:**

- Encourage expression of feelings & support communication with parents or peers.
- Notice any positive achievements and encourage independence as much as possible. d

**Key Problem:**

**Bowel Incontinence**

- Poor anal sphincter tone and control & passage of watery stool.
- Impaired skin integrity caused by contact with feces.

**INTERVENTIONS:**

- Provide scheduled potty training and use suppositories if needed.
- Teach parents correct cleansing and diapering techniques for infants/toddlers.
- Check/Change diaper frequently and provide barrier cream.
- Encourage adequate fluid intake based on age.

**Reason for Needing Care:**

**Medical Diagnosis:** Spina Bifida

**Key Assessments:**

A & O x4, Incontinent, Catheterize q 6 hours , NKA, R Shoulder Pain, gunshot wound to the neck,

**Key Problem:**

**Impaired Urinary Elimination**

- Urinary retention
- Neurogenic bladder with decreased tone
- Lack of awareness of bladder fullness or urinary incontinence.

**INTERVENTIONS:**

- Encourage adequate fluid intake and measure strict I & O
- Assess color, frequency, amount and odor of urine.
- Education parents on proper hygiene—clean from front to back.
- Keep genital area clean after each elimination

**Key Problem:**

**Hypothermia**

- Loss of fluid and heat from the exposed sac
- Temperature of 34 degrees celsius & cold skin

**INTERVENTIONS:**

- Strict temperature monitoring q2-4 hrs
- Wrap the infant in a blanket, under a warmer or inside an incubator to ensure the sac stays moist.
- Inform parents on ideal room temperature the proper amount of clothes to put on.