

**FIELD EDUCATION**  
**The Log**  
 Lynn Williams-Martin



**Week # 10**

**Hours This Week: 8 Total Hours: 80 / 120**

<b>HOURS SPENT / TASKS &amp; ACTIVITIES</b>	<b>REFLECTIONS    JOURNALING    THOUGHTS    PROCESSING</b>
<p>2 hours spent visiting patient and praying with them.            2 hours spent in chapel in gathering for preparation for Ramadan            2 hours team lunch and interfaith gathering            1 hour spent visiting patients            1 hour of debriefing and charting patient progress on the computer</p>	<p>I look forward for today when I get to go at the bedside of the patients and talk with them. I feel fulfilled when I leave the rooms. Today one patient touched my heart, when she began to tell me about the racism that she experienced on her job. She told me that this affected her mentally and physically. As I listen attentively, I realized that we still have a long way to go towards reconciliation. She said that she was the only black person on her job. She told me of an incident where one of her co-workers called a nigger. She said it hurt so much that she burst out in tears in front of her. She said her job was very stressful going to and from different countries. The time zone difference affected her sleep pattern. While she was talking, I felt her pain and disappointment. I started to reflect on the many books that I have been reading for this semester that talks about racial injustice. The picture of racism came alive in the mind, when she talked about her experiences. I am happy that she finds comfort in God and her bible. As we gather in the chapel, I was very excited to learn more about Ramadan. The Iman spoke about the thirty days of fasting and how they break their fast. I learnt before eating anything after your fast, you must drink water. Reflecting on all that the Iman said I realize that there are lots of similarity with Muslims and Christian. Being introduced to all these different cultures has truly enlightened my knowledge on the different ways people worship God. The team luncheon was more than I expected. We all sat together and had a great lunch. As I looked around on the table I saw a representation of God's people. Sitting with us was an Iman, an Egyptian Chaplain, who said that he is a Muslim but he ministers to all people. I was shock to learn that they embraced Christianity. Although we were all from different religions, I saw God's creation. I said to myself if only everyone in the world could come together like this, we would have more unity. The diversity of people at the luncheon truly demonstrated what Paul talks about when he said, "One body, one Lord and one God."</p>

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**MEETING(S) WITH MENTOR(S) || TOPICS OF DISCUSSION || REFLECTIONS**

1 hour spent with mentor debriefing my visit with the patients today. We talked about how I can improve the way I approached the patients. She also gave me some more materials to look over. We talk about visiting patients who were unable to speak English. She gave me a handout on how to speak to patient in Spanish. We reflected on the past ten weeks that I have been there. She asked me if there was anything that I would like to be changed. We also discussed what can be done to further help me along in this internship. We agreed that I should continue focusing on my goals.