

Jordan Blue

Spiritual Information

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Spiritual Growth Plan

Becoming a more spiritual person could be the key and importance to a person's life meaning it could make or break a person on how they go about their lives on a day to day basis. Being able to connect with God and allow him to guide you in the path you wish and are passionate about. Growing spiritually and being able to grow emotionally, socially, spiritually, and intellectually may be hard for some people to do because it's just something that they never thought of and got deep into. But growing in every type of way possible is always a good thing and never a bad thing, meaning building good habits and relationships with not just others but yourself. I plan to grow emotionally by being able to be more open on what I have going on and to express my feelings more without holding back anything letting it all out. Socially is something that I'm not too big on but coming to college and this being my first year I've learned to not be as quiet and to be open to do certain things whether it's with other people or by myself, just to interact with people and to ask for help inside and outside of the classroom when I need it. Being spiritually active about learning more about yourself was something that I would never do or even came to think of doing because when it was first introduced and

brought to my attention I didn't really take it as something that would help me personally, I took it as something that wasn't true and I just didn't believe in it as I do now. And that right there is showing me growth because it's trying something new that I'm trying and want to include more and plan to eventually incorporate it into my daily life in the near future. Being there intellectually is always something that I thought was very serious because it can help you in every way you think possible because you would have the intellect to make the correct decision. But I also believe that all these things aren't possible without me and without me wanting to do it and put effort into these types of things. Meaning I would have to hold myself accountable and that also means I have the knowledge to do what it takes to grow in every way I would want to.