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### Devotional Thought Week 3

Like Abraham I have also had to take a huge leap of faith and step into the unknown. The past couple of years I have been feeling stagnant, I felt as if I was not going anywhere or doing much with my life. I was confused and needed clarity on my life's purpose. I was not making any movement towards my goals. I noticed that I was self sabotaging myself. One night I decided to let go of these negative thoughts and let go of the feeling of needing to be in control. I had to realize that I do not have control over anything or anyone else but myself and my emotions. I thought that I had control over every life event that happens to me.

That night I was sitting at the edge of my bed in my room and I thought to myself and said "I need to pray." I thought about prayer and how prayer and how much power God has all we have to do is simply pray. I remembered the Bible verse "Jesus advises us to keep asking, seeking and knocking. Ask and it will be given to you, seek and you will find; knock and it will be open to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be open." Matthew 7; 7-8. My grandmother would always say this to me whenever I would find myself stressed out about where my life is going or what I am supposed to do. I have to remember that it is not my plan that is in place, it is God's plan that I need to follow. I remember that God is always with me especially in my time of need. I just have to pray to him more often and let go of the thought of control.

Once I was able to let go of that control I truly felt like my life was in the palm of God's hands and that everything was going to be ok. I then decided to meditate and pray while I was doing so I simply asked for clarity and discernment. Clarity so that my mind can be freed from clutter and discernment so that I can see things clearly and know who and what is for me. In my opinion we all go through hardships. How we handle those hardships is what matters. From that moment on every night I get on my knees and pray. I pray for direction and discipline as well. God is calling me to walk with him on my life's journey and it is because of my faith during these hardships that I know blessings will come.