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Chapter 10

1. If I were Hailley's friend, I would think a responsibility of mine for her is making sure she is safe emotionally and physically. I would be responsible for observing her moods when she's around our friends and observing her moods when her boyfriend is around. I would also observe her body language when she's around her boyfriend to see how different it is compared to being around our friends or other people. If she is very frail and closed up with her boyfriend, I can see that the relationship isn't good for her and is probably toxic. Although I'm not the one in the relationship, I would still feel the need to just make sure she is okay because of how much I care for her as my friend. I would want someone to do the same for me if I was in a toxic relationship.
2. If I were Dan's friend and saw the way he was treating Hailley, I would probably talk to him about it one on one. I would hold him responsible for being a man that brings out the best in his girlfriend and not bring her down into a dark place. I would tell him to look at the difference of when they first go together compared to their current relationship. I would ask him what differences he has seen from the beginning to now so that he can see what the real issue is which would be him. Pointing out things that are obvious that he is blind to would be bets for him. I think if he heard it from a friend it would be better than hearing it from Hailley, family, or a total stranger.
3. Reflected Appraisals the self image we build from our surrounding peers. This can be friends and family members. An example for this would be if my family tells me pretty all the time, I will most likely see myself as pretty all the time. It's like a looking glass. This applies to this case because Hailley is building a self image of herself based on what Dan tells her. Dan called her clumsy and now she thinks she really is clumsy and tells people that she is. She's starting to cut off the world for Dan and doesn't realize that it's also degrading her reflection of herself. It's self sabotage if it continues to happen without any change from Dan and herself.