

Minho Kim

Guided Reflection Questions for Medical Case 4: Carl Shapiro

Opening Phase

How did the scenario make you feel?

It made me feel nervous even though this was not a real-world situation. Even though I have a knowledge of what to do in the emergent situation, it was difficult follow the exact order since I was rushing

Scenario Analysis Questions*

PCC What could have been the causes of Carl Shapiro's ventricular fibrillation?

It would be most likely myocardial infarction that caused the ventricular fibrillation.

EBP When performing CPR for Carl Shapiro, what are quality indicators you are performing resuscitation correctly?

Depth, rate, counting each compression, 30 compression, 2 breaths

S If Carl Shapiro would have had return of spontaneous circulation (ROSC), what would your next interventions be?

Check for response and ensure the patent airway

PCC What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.

Situation

Patient had a cardiac arrest and currently has ROSC.

Background

The patient has no known allergies. He was treated with nitroglycerin in ED. Patient developed V.Fib and AED was used to convert the heart rhythm

Assessment

The heart rate was 84 with PVC, infusion of NS was running. He was on 2L nasal cannula.

Patient reported absence of pain prior to the arrest.

Recommendation

Assess vital signs including neuro assessment, follow up with HCP and code team.

Concluding Questions

If Carl Shapiro's family members had been present at the bedside during the arrest, describe what you could have done to support them during this crisis.

What would you do differently if you were to repeat this scenario? How would your patient care change?

I would have ask the family members to leave the scene because it could be traumatizing scene for the family member.

When the arrest occurred, my main focus was to initiate AED. Because of that I was not able to provide sufficient CPR time and forgot to call code team in a mean time. If I were to repeat the scenario, I would call for help first then start everything else.