CLINICAL OBSERVATION CASE REVIEW NOTES

Please fill in at least 5 of the following sections with 2-4 sentences for each section

1. THEORIES IDENTIFIED
   (Bowenian) Therapist talked about how society sells a specific image of a mother and mother's care, but not all moms are like this. This perspective provided a sense of normalizing of having mothers who do not fit this "stereotype" or the expectations set by society. Clients received this information well, and they both seemed to appreciate it because it allowed them to share a little more about the lack of support they experienced.

2. CLINICAL ASSESSMENT

3. INTERVENTION STRATEGIES

4. CLIENT STRENGTHS / CLINICAL GAINS
   Both clients uncovered a lot about their households growing up. One client shared more in depth during this session about the different households she grew up, as well the examples of marriages she has seen over her childhood/adolescence. There was a lot of information gathered during this session.

5. CLIENT RESISTANCE
   There wasn't too much resistance in this session. At one point, one of the clients seemed to resist exploring the possibility that her mother parented in the way she knew how. She still seemed closed off to considering her mother with a different perspective.

6. DIVERSITY ISSUES IDENTIFIED

7. SPIRITUALITY EMPLOYED IN THERAPY

8. ETHICAL ISSUES

9. THERAPIST USE OF SELF

10. OBSERVERS EMOTIONS / REACTIVITY
   Both clients seemed more relaxed in this session because of all the things they were able to share and realized about how their family background (relationships with parents) impacted their present. It seemed like they had a more sobered reality because of their new findings and connections to the past.

11. SUGGESTIONS FOR NEXT SESSION
   In the next session, we can explore what a "parent" looks like for each partner, or what kind of "family" they'd like to cultivate as a couple. I'm curious to know if they have any reservations about parenting, or what they feel to be are their strengths and weakness as parents.

   _____Rebekah Lee_____ name   _____Thursday, Feb 23rd_____ date