

12 Step Journals: Step #12

Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Give 3 examples of how you have experienced a spiritual awakening as a result of this program.

1. _____

2. _____

3. _____

When you say “My name is _____, and I am an alcoholic/addict”, what does this mean to you?

Make a list of four things you feel grateful for in being in recovery.

1. _____

2. _____

3. _____

4. _____

Give 3 examples of ways you carry the message, and/or by doing service for others.

1. _____

2. _____

3. _____

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Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Give three examples of ways you are practicing the principles of the Twelve Steps in your affairs, other than remaining abstinent?

1. _____

2. _____

3. _____
