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Chapter 14

1. If I were depressed, which I have suffered with in the past, I would use the media to help my depression by trying to look at motivational speakers that make a post about being at your lowest. For example I follow a pastor on Twitter and he talks about things like mental health and how God is helping us through it all. I look for things like that in the media to give me a reason to get up and do what I have to do in the day. I believe I use the uses and gratifications theory which means I look for that type of media that will get me going when I feel like I'm in the dark.
2. This one time when I was extremely bored but also had no motivation to get up, I sat down and watched a show on Netflix about a woman back then who wasn't allowed to be a lawyer. I was really stuck on this show and watched half of the first season in one sitting. I believe uses and gratification are used more often now than when I was watching that show because now I try to look for specific shows pertaining to mysteries like that show. I think I was fulfilling the need to want to be interested in something and not so bored.
3. Some new products that I have used and loved are all face products. Without using these three products, I tend to feel ugly and not as awake as I usually look. The products are Hero sunscreen, Yung Jung moisturizer and CeraVe make up remover face wash. I believe I found these products through my friends and the internet. By observing and seeing a difference when with these certain friends and family in their face and mood after using these products, I decided to take matters into my own hands. I believe this is called the Social learning theory. Although I observed and saw my friends and family use it, I really observed a lot on social media by looking these products up on tik tok.
4. When the reporter wrote about the president looking away as he claims to "know nothing of the issue," he's trying to tell the audience that the president didn't want to talk about the issue at the time and does actually know about the issue based on the body language. This reporter used the reception theory by talking about the president's body language towards all the reporters when this question came up. If I were reading this in an article or newspaper, I would think the president knows about the issue and doesn't want to talk about it because of the conflicts it's bringing. Based on his body language according to the reporter, as the reader, I would also think he's waiting for the issue to calm down before he talks about it.