

Isah mohammed

Spiritual formation

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Spiritual growth plan

This class taught me to help myself grow in the Lord and to better connect with Him by waking up in the morning and praying before eating. I learned the best way to actually talk to God without having a problem. Having a group conversation also aided me in learning about the life experiences of my fellow group members. Taking a spiritual formation class helps me reconnect with God so I can help my friend see the right paths.

My spiritual growth plan is important because I wanted to get closer to God, so this year I want to join my church youth group. In this class, I learned how to talk to God and connect with him. Connecting with him in silence helps me a lot through all the trouble I'm in and is a big part of my life because it has shown me the importance of taking all the distractions of playing video games, using technology, and life stuff in general. The 7 minutes I spent in silence with him helped me focus directly on God and refocus on Him. Each time I learned something new, I wanted to add it to my spiritual growth plan. He Loves Me was

the spiritual journey chapter that had the most impact on me. Broken, needy me And nothing can ever separate me from his love (Rom. 8:39). It is a vulnerable thing to be true to myself, but there is freedom in my honesty. The chapter talks about God caring for us and how sometimes what we think we need is not actually trust, but God gives us what we want when we ask him. Aside from that, this class has taught me to forgive others because God has forgiven us. Also, I need to become quicker to forgive others and not hold grudges. We are to forgive as God forgives us.

I believe my connection with God has taken on a new, additional level since the time I spent praying at retreats and giving talks at the end of last month. My connection with the Lord now feels more "relational and personal," and he seems even more genuine. I've been able to categorize my persistent sense of unease or nervousness as spiritual thirst in general. I used to look for diversion, escape, or reassurance because I didn't really know how to handle this emotion at the time. A month ago, I struggled with the urge to take the easy route and consciously prayed for strength, which ultimately led to quite a few nice and The practice of silent prayer also helps me understand the best way to connect with the spirit because I tend to be introverted and get more out of taking my time and just having a quiet time and place so that I can focus on God and God alone. Although my second plan for spiritual growth was to join an online Bible study to

get to know him better and learn what God has in store for me in the future, I plan to become as close to God as possible.