

## READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

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With integrity, I have read this book (circle one):

Thoroughly and Entirely—100%

**Quickly but Completely—100%**

Thoroughly but NOT Entirely—\_\_\_\_\_%

Quickly and NOT Completely—\_\_\_\_\_%

Not at all

Signed: \_\_\_\_\_



1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book took me apart in many places. It seemed as though as I read the book, it dealt with exactly what I was facing that week. For example, the chapter on Brokenness: The Area of My Life I Hope No One Ever Finds Out About Me. On page 74, I completed the Mirror Moment, I wrote a letter about things I hope no one finds out about me, I hope to share it with a trusted friend soon. I realized that I was angry about things and allowed it to “stew or fester just below the surface and would not let it out” (pg. 78). As the Greek word puts it “parogio” (pg.78). I had to complete the forgiveness practice, where I realized weeks later that even when I asked God to heal my heart, it wasn’t happening because I was still angry and wanted revenge. A few weeks after making the forgiveness list on page 81, I finally felt the release of a forgiving heart because I had no need for revenge. God had to let me know He can’t bless me if I harbor unforgiveness and I chose to let go of the hurt.

I struggle with feelings of loneliness which stems from abandonment. God used chapter Intimacy: God’s Desire for Me to teach me that He’s there, He always has, and always will be. In particular, the quote that stuck out to me was found on page 122; “God has many things to teach us alone. It can be painful and lonely, but it is necessary for growth. For some reason, we don’t learn it any other way. For all of us, there is a time when God takes us to a place of obscurity to show us that He is enough for us”. I truly have a fear of being alone, although I like my moment of solitude there are times when I crave love, and particularly from a father or brother figure. It’s in those times I reach out to my mentor, cry or text my close friend. During this course, I felt God pleading with me to spend time with Him. He needs me alone to learn of Him, and from Him to do the work He called me to do. No matter how it pains me to be separated from those I want to be around, God’s presence is more important.

2). Where did you agree most with the author? Disagree most?

I would say the one thing I agree most with the author is where she states ...this journey, you have discovered that naming your pain and giving it the proper care it needs brings healing. I called out the pain, abandonment, rejection, shame; just a few that were specifically mentioned by the author and that helped me ask God directly what to heal in me.

I can't say for certain that there were things I disagreed with, I mostly had a wow factor, or pause and continue because the topic was heavy throughout the book.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The key Spiritual truth I gleaned from this book is as David said behold, thou desirest truth in the inward parts: And in the hidden part thou shalt make me to know wisdom (Psalm 51:6 KJV). In other words God wants me to come to Him truthfully, laying everything on the table. When my heart is clear before Him, He will reveal His wisdom to me.

I will continue to integrate this into my Spiritual Formation Process by keeping up with my daily Jesus and Me time. Years ago, Jesus and I would go on little outings, where I would read His word then sit quietly to hear from Him. Usually these things were done outdoors, where I feel most free.