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Human Behavior in the social environment 2

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Reflection #8

1-What are the major differences between adolescent thought and adult thought? One of the major differences between adolescent thought and adult thought is that adults tend to think and process information at a much more practical level due to the neurological connection that goes on in their brain. Adolescents are more likely to take risks and not consider the consequences as much as an adult would.

2-Discuss the differences between instrumental and expressive communication. Based on the book the Instrumental communication consists more of a solution focused approach. While expressive communication has to do with expressing emotions and being heard. One of the differences between the two forms of communication is that the Instrumental is more common with a male and the expressive is often used by a female. The Instrumental has to do with rationality and likes to get to the point. While expressive sometimes just want to talk about an issue without any need of resolving the matter.

3-Identify and discuss the three basic components of the triangular theory of love. The triangular theory consists of three components: intimacy, passion, and commitment. The intimacy component has to do with being close to one another. Passion would be more about the sexual desire people have for one another. Lastly, commitment is about making a decision to remain together no matter what the situation is like.