

Human Behavior in the Social Environment

Reflection #7

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How can Parents, teachers, and friends promote or impede identity exploration in this case? For Havar who he is and who he can be can be heavily influenced by those around him. His parents can tell him who he is, which can strengthen his self-identity but if they try to control him in regards to who he is going to be can be a detriment to him and maybe even cause resentment for some adolescents. However, for Havar it would appear that he is fully invested in the idea of following his parents foot steps in becoming a chef. According to the case study it would seem that Havar is given room to explore his limits creatively in regards to the meals that he is able to prepare for "Havar special" at the restaurant. Also people have been telling him that he was going to be the one to take over his father's restaurant. I wonder if Havar had any other aspirations outside of the restaurant, I wonder if Havar even gave himself the chance to explore the idea of something other than the restaurant business for himself.

How may culture influence Havar's identity exploration process? According to the case study Havar is the child of immigrants his father is from Cuba and his mother is from Mexico. Both of his parent worked hard to be successful in the restaurant business. Neither of them went to college, and the restaurant business is all they know, but its not just his immediate family that is involved in the restaurant business but his extended family as well he uncle and cousins work in the family restaurant as well. His culture is centered around family and his family is center in the restaurant business. The expectation is that since Havar has a talent for cooking it expected that he will continue in the family tradition and work in the restutant as well. He has been around and involved in the family business since he was five years old. Havar might feel that this was the natural way of things and doesn't think about anything outside of that. For Havar he is more concerned about being loyal to his family.

How typical is Havar's identity formation process for children born to immigrants parents? I believe that Havar is displaying alienation as he is rejecting what the majority of adolescents are doing and instead is focusing on his culture norms instead.

Fifteen years in the future when Havar is in his thirties, he may have feelings of regret of not allowing himself to fully explore what he wanted to do with his life, as he felt that he had to be loyal to his family and the business. As it was stated in the case study since his parents didn't have any other children and his uncle didn't marry and have children of his own either. It was up to Havar to take over and keep the family legacy going or so Havar thought. Havar could have furthered his culinary aspirations by going to school for the culinary art, which could have provided him with more opportunities and experiences, that could have led down other avenues, paths that weren't necessarily connected with his family's restaurant.