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Reflection Article Discipline

The thing that is present to me in this lesson is that I constantly have to fight off shame of what I do as my job, I am a caregiver, and even what I am studying in college right now. I never disclose what I do now to my former colleagues and when people ask me what I am doing at college, I have to muster up a level of being proud of what I am doing. I have to constantly remind myself that what I am doing is what God wants me to do and I am obeying God and not man. The next question is, "so what job you will get with that degree, I had not looked at a job possibility in ministry. I want to study psychology, but when I came to finish sign up, Biblical and Theological Studies was what the counselor put on the form, I had previously discussed it with her. I said, Lord this is a confirmation of what you want me to do. I do not know what the future holds, but you have been there already and made the preparation and I trust you.

I love caregiving, I have done babies and older people. It gives me much satisfaction to take care of someone. I prefer to do it at a manageable level, where I am able to function effectively. The shame I have to fight, is from people around me or even the client themselves. The bonded set here is that because people want to look down on you for what you do. You feel pressured to do something else which will enable you to get respect in certain society. The salary is small, but what about best fit. Other people would say to me, you could be a nurse, you have the ability. No, I do not want to be a nurse. They want to shame me into becoming what they think I should be.

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I learn that I could be who I am and do not have to wear a mask. I also learn that what God thinks of me, is more important than what man thinks. I learn not to lose job satisfaction because of status. I learn not to allow others to use shame and lock me in a box with a label that is not me

Going forward I will concentrate on learning how to present my body to God, so that he can use it for His glory. I will endeavor to be proud of what I do and where I am going, not because man says so, but because God is ordering my steps. My wise grandmother always says, "Man will laugh you in hell, but he cannot laugh you out" Meaning, they will tease and shame you into doing wrong things that they cannot get you out of.