

MFT 603: Individual and Family Development

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Chapter Presentation

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Readings for Week 7: GG:pp.87-124/ JA:ch.11/ GL chp6/ MCA:chp 8 (due week 8)

1, GG Chp 87-124

Grief counseling involves helping people with normal uncomplicated grief to have a healthy adaptation to mourning within a reasonable time frame. Grief Therapy is the term used when we help people who have complicated grief reactions.

2. GL: Chp 6

Emerging adulthood was the term coined by psychologist Arnett in 2000 to better define the ambiguous period between adolescence and adulthood. It was viewed as the period between 18 to 25 but is now considered between 18-29. The reason for the shift was that with an increase in education, marriage, childbearing, and career formation happen later in life.

3. JA Chp 11

Peak bone mass is attained by age 35. There is a gradual loss of bone mass after this age in women.