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Reflection Journal #7

1. As you think about yourself in relation to the work, which of your strengths will be useful to the work that you will be doing?

2. Take this time to think about the work "empowerment." Now consider this statement: You cannot empower anyone; only a person can empower him or herself. The most you can do as a helping professional is create a context for someone to empower himself or herself. What are the implications of this statement for your approach to the work you are doing?

1. I have never told anyone this outside of my family, but I have a decent sized following on multiple social media platforms (which are growing daily) in which I create content and manage while balancing work and school. Once I reach the point of reaching a substantial number of supporters, I wish to establish fund raisers to support struggling people and spread awareness of people who are in crippling debt and are in jeopardy of becoming homeless. I believe this is relevant to my role as a social worker in the future as I am addressing the insurmountable homeless social issue that continues to increase at an alarming rate. In an era of technology where spreading awareness is more effective than ever, now is the perfect time to utilize this opportunity to tackle this crisis.
2. Empowerment in the context of social work is vital as it enables social workers to help provide changes in which people can utilize to understand and improve their lives physically, mentally, and spiritually. Empowerment enables people to grow confident in their own abilities and are not discouraged by social and personal barriers that may otherwise discourage them from deciding their own lives. They are then able to utilize this power to support others who are lacking in this department. In terms of utilizing empowerment to support the homeless crisis, I wish to establish educational courses for homeless individuals in which specializes in allowing them to understand and improve their lives and take better control of their own lives without being pressured by societal standards.