

Reflection 8 (Jenna Lee)

1-What are the major differences between adolescent thought and adult thought?

Adults develop post-formal thinking that goes beyond Piaget's formal operational stage, which is the major difference between adolescent and adult thought. In addition to trying to comprehend the ambiguity of the situation, adolescents search for the right answer. In contrast, adults tend not to seek the right answer, while they tolerate ambiguity. In adult thought, a combination of feeling and logic is used to understand the situation.

2-Discuss the differences between instrumental and expressive communication.

Communication that is instrumental involves finding solutions to problems and identifying the objectives that need to be achieved. As a result, instrumental communication is primarily concerned with communicating information and achieving a particular objective. People use instrumental communication to convey facts, instructions, or requests.

Expressive communication involves expressing emotions and being sensitive to the feelings of others. Therefore, expressive communication is primarily about expressing feelings, values, and attitudes. In expressive communication, people focus on their feelings or emotions.

3-Identify and discuss the three basic components of the triangular theory of love.

A triangular theory of love proposed by Sternberg (1986) proposes that love contains three components: intimacy, passion, and commitment. The notion of intimacy refers to the warmth and closeness shared between a couple; the concept of passion refers to the intense feelings (both positive and negative) experienced in romantic relationships, including sexual desire; and the concept of commitment refers to the willingness and intent to remain in a relationship despite difficulties. Different types of relationships emerge depending on whether there are three components of love present or absent, according to the triangular theory of love. These include liking (intimacy), romantic love (intimacy and passion), compassionate love (intimacy and commitment), infatuation (passion), fatuous love (passion and commitment), and empty love (commitment).