

READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

Student Name: Grace Kim

With integrity, I have read this book (circle one): Thoroughly but NOT Entirely— 50%

Signed: Grace Kim

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book “took me apart” in the aspects where I felt like I was relearning new truths, and in “spiritual surgery”, God revealed some lies I was still living in. In addition to this process, I feel like there were many points of reflection showing how much I have grown in the process as well. The major reflection point for me was on page 33, “When we experience love like this, we begin to live differently. We become more courageous. We become more adventurous. We become more secure in our lives and our faith. We are free to be who God created us to be, and we now want to seek His guidance to learn what that is”. I remember distinctly that I bookmarked that page & took a step back because I had to take time to reflect – How has living in God’s love changed my love so far?

2). Where did you agree most with the author? Disagree most?

I honestly agree with every aspect of what I read, and it was a very fundamental reflection and journey. It debunked many of the lies that we might have been living in, for example students may have come in with the misconception that being a “good” person grants

you God's love or discernment – when in actuality it was never about us and our action, but about the Lord's love that is beyond human understanding. There was never a specific point where I disagreed with the author.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The key spiritual truth that I gleaned from this book is practicing asking for help. I realize that the process of submission, surrender, and following Jesus can feel shameful. It can be induced by others, but most of the time it's coming from ourselves – and also a very big spiritual battle in that sense. However, I think it's really amazing to include and expand on the spiritual truth that it is so essential that we ask for help in the process of fighting shame. Breaking that isolation with connection with others is such a critical process. We all deal with sinning, and in that, I am integrating asking for help or simply just sharing it to someone I trust to break that isolation of sin. In my personal spiritual formation process, I've seen that by fighting the inner shame by confiding in the community makes it also easier to be transparent with God as well. Furthermore, continually reminding myself that it is not about my perfection but worshiping the only one, Jesus, who can be perfect is the key to my personal spiritual formation process.