

When I set a goal for myself, I look to my past for a method which I have had success with for achieving my objectives. One of the ways that I have experienced great results is by writing out or making a plan of what I want to achieve and displaying it on the bedroom wall. I find I need a visual note or sticker to remind me of the goal every time I enter the room, that way I am less likely forget and fail to achieve it. This method is found in the Bible, "And you shall repeat them diligently to your sons and speak of them when you sit in your house, when you walk on the road, when you lie down, and when you get up. (Deut. 6:7)." This is why I think making a plan for my spiritual growth and placing it somewhere that is easily visible is a good strategy for improvement. In this paper I am going to set out some steps that I believe would help me grow spiritually, emotionally, socially, and intellectually.

The first activity that I want to add to my plan is prayer. I know I have to prayer more and I know how important is it to be on accord with God's plan for my life. Although I know I have to do that, I still don't do it enough. I really want to pray more and be closer to God, but the daily activities, such as work, school, friends, etc., keep me from expending more time with God. I know this is one of the many traps the enemy had lay out for us and that's why I should take action. I'm going to set up a timer, stop whatever I'm doing and take some time to pray.

The second activity I want to add to my plan is to read the Bible, the word of God more often. Spending time reading and meditating in the word of God is the only way I can get to know more about Jesus' character, His love and plan for me and for the humanity. The same way I need to eat enough nutrients to grow physically, is the same reason I need to feed my mind with the spiritual food in order to grow spiritually, emotionally, socially, and intellectually. My plan is to take some time every day to feed my soul with the spiritual food and hopefully I can make that a habit.

I want to practice stillness and silence in the presence of God to be able to hear His voice. Whenever I take time to read the Bible or pray, I rarely spend time to stay silence to hear for the voice of God. This is something I have to incorporate in my daily devotions.

I also want to include in this plan self-examination. Besides praying and reading the Bible, I want to take some time to examine myself, to allow God to examine myself and start to make changes in my soul. Changes that not just include spiritual, but also socially and intellectually. How can I love myself and my neighbor more? is there wound from the past that is affecting my social performance today? is there anything I can do intellectually to feel better about myself and be able to interact and understand others better?

I believe that when I get closer to God and allow Him to fix my life and make whatever changes He want, He would not just help me grow spiritually, emotionally, socially and intellectually, but He will make me a brand-new person. His healing will cover all the areas of my soul and mind that need to be repair. God is waiting for me to make the decision to finally get and stay closer to Him. He wants to be my father, my best friend, my helper, my healer, my stronghold, my everything. I want to get closer to God and with his help I'm going to follow this plane I just made.