

READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

Student Name: Princess Mfum

With integrity, I have read this book (circle one): Thoroughly and Entirely—100%

Quickly but Completely—100%

Thoroughly but NOT Entirely—_____ %

Quickly and NOT Completely—_____ %

Not at all

Signed: Princess Mfum

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book really "took me apart" in the chapter on surrender. Walborn writes, "Surrender is a difficult concept for most of us. It means giving up control, relinquishing our own ideas about how things should be, and putting our trust in God" (p. 67).

As I read this chapter, I realized that I had been holding on to certain ideas and desires that were not in line with God's plan for my life. I had been trying to control things and make them happen on my own, rather than surrendering to God's will and trusting in His guidance.

Through reading this book and reflecting on the concept of surrender, I feel that God has been using it as a form of "spiritual surgery" in my life. I am learning to let go of my own plans and desires and to trust in God's plan for my life, even when it may be difficult or uncertain.

Overall, I am grateful for the insights and guidance that "Spiritual Journey: Can I Really Get Close to God?" has provided me in my own spiritual journey. While it has not always been easy, I believe that God is using this book to help me grow in my faith and deepen my relationship with Him.

2). Where did you agree most with the author? Disagree most?

One area where I agreed with the author is her emphasis on the importance of developing a personal relationship with God. Walborn stresses that it is not enough to simply attend church or read the Bible; we must actively seek to deepen our connection with God through prayer, meditation, and other spiritual practices. Another area where I agreed with the author is her recognition that the spiritual journey is not a linear process, but rather one that involves ups and downs, challenges, and setbacks. Walborn encourages readers to be patient with themselves and to trust in God's guidance, even when the path ahead may be uncertain. One area where I

disagreed with the author is her suggestion that there is only one correct way to approach spiritual growth. While I appreciate the guidance and insights that Walborn offers, I believe that each individual's spiritual journey is unique and that there may be multiple valid approaches to deepening one's relationship with God.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

the key spiritual truth that I gleaned from this book is that the journey towards getting close to God is not a one-time event, but rather a lifelong process. Walborn emphasizes that spiritual growth requires effort and intentionality, and that it is important to constantly seek out new ways to deepen our relationship with God.

One way that I am integrating this truth into my personal spiritual formation process is by setting aside intentional time each day for prayer and meditation. I am also seeking out opportunities for fellowship with other believers and for serving those in need, as I believe that these activities can help to foster spiritual growth and deepen my connection with God.

Another way that I am integrating this truth into my life is by being more intentional about the media and content that I consume. I am trying to surround myself with positive and uplifting messages that will help to encourage and inspire me in my faith journey.

Overall, I am finding that the key spiritual truth that I gleaned from this book is helping me to stay focused on my spiritual growth and to continue seeking out new ways to deepen my relationship with God.