

Guided Reflection Questions for Medical Case 4: Carl Shapiro

Opening Phase

How did the scenario make you feel?

I felt fine while doing the scenario, I didn't have much difficulty, it was fair for me.

Scenario Analysis Questions*

PCC What could have been the causes of Carl Shapiro's ventricular fibrillation?

His labs values like troponin and CK-MB were high.

EBP When performing CPR for Carl Shapiro, what are quality indicators you are performing resuscitation correctly?

Compress chest in at a depth 2-3 inches while allow a full chest recoil and performed 30 compressions followed 2 breath and resumed CPR.

S If Carl Shapiro would have had return of spontaneous circulation (ROSC), what would your next interventions be?

Don't touch the patient while the AED is analyzing heart rhythm say stand clear to while administering shock to patient to prevent complication.

PCC **What** key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.

Situation-Patient had ventricular fibrillation, became unconscious direct response called.

Background- A 54-year-old male presented to the ED for chest pain and SOB while exercising. He is a smoker and takes blood pressure medication for hypertension. In the ED he was treated with 2 doses of sublingual nitro and was feeling better and later he started to have chest pain again.

Assessment- CPR performed and electric therapy pt recovered by gaining consciousness and started breathing spontaneously again. The final VS are BP 84/50, P95, T98.6, O2:97%, RR8.

Recommendation- Close cardiac monitoring and adequate oxygenation while monitoring him for other episodes of chest pain.

Concluding Questions

If Carl Shapiro's family members were present at the bedside during the arrest, describe what you could have done to support them during this crisis.

I would' have directed them to a calm location, while letting them know I will come back to them to update them about the patient.

What would you do differently if you were to repeat this scenario? How would your patient care change?

I would act faster because it caused me to get a better score.

** The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*