

Guided Reflection Question

1. How did the scenario make you feel?
 - a. Throughout my time doing the scenario, I felt like I already knew what to do because I have done his Vsim in the past. When I saw my score for the first two tries, I was a bit surprised and a little bit disappointed because I had felt like I was on the right track. For me, I felt like I was struggling with the order of the process. I had an idea of what to do, but I did not know which order VSIM wanted it in.

Scenario Analysis Questions

1. What could have been the causes of Carl Shapiro's ventricular fibrillation?
 - a. Mr. Shapiro's ventricular fibrillation could have been caused by an Myocardial Injury evident by the ST Segment Elevation. He also has a history of smoking, family history of MI, and uncontrolled BP which are predisposing factors.
2. When performing CPR for Carl Shapiro, what are quality indicators you are performing resuscitation correctly?
 - a. One indicator that indicated correct resuscitation is chest recoil. The recommended rate for compressions is 100 to 120 per minute. 2 rescue breaths are given after 30 chest compressions. When compressions are being done correctly the chest should visibly recoil.
3. If Carl Shapiro would have had return of spontaneous circulation (ROSC), what would your next interventions be?
 - a. The next intervention would be to provide the patient with oxygen and perform continuous assessment. Assessments would include capillary refill, heart sounds, LOC, and many more. The patient would be transferred to the Intensive Care Unit where he would be monitored very carefully. The patient would also be put on prophylactic anticoagulants to prevent any further complications from occurring.
4. What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation)
 - a. Carl Shapiro is a 54-year-old male. During hospitalization, the patient became unconsciousness and experienced Ventricular Fibrillation. Code team was called, and the patient has now been resuscitated. The patient came in complaining of

chest pain radiating to his left lower arm. The patient was given nitroglycerin in the emergency department. The patient heart rate was at 82 with PVCs. The patient had normal saline running 25 ml/hr and was given 2 L of oxygen via nasal cannula. Vital Signs should be monitored frequently for this patient along with neurological checks.