

Concept Map

<p>NURSING DIAGNOSIS Disturbed Sleep Pattern Expected Outcome The patient will sleep throughout the night and report feeling rested</p>	<p>Medical Diagnosis: Ileostomy & Colostomy Assessment: 9-year-old, Male. Temperature: 96.8 F Pulse 75BPM, RR 18, BP: 96/74, Pulse Ox: 99%, High speed MVA, Ileostomy fistula, blunt force trauma to diaphragm, Tabia fraction, Medication: Aspirin 81 MG Loperamide hCl- 2MG Methylphenidate hci-78mg Multivitamins Potassium Citrate 15meq</p>	<p>Nursing Diagnosis Risk for impaired skin integrity Expected outcome The patient will maintain skin integrity</p>
<p>Nursing Interventions 1. Education patient about the stoma 2.Adminster analgesics as ordered. 3.instruct parents to follow a consistent daily sleeping dairy 4.Encourage patient. Parents to empty pouch. Evaluation Patient states he feels well rested and parents sleeping diary show a consistent 8 hour of sleep.</p>		<p>Nursing Interventions 1Assess stoma for any irritation, color changes and rashes. 2. Educate and demonstrate patient and parents to clean with warm water and pat dry. 3.apply appropriates skin barrier 4.Educate parents/patient how to empty, irrigate and cleanse ostomy pouch, as needed. Evaluation Goal met, Patient shows no signs of irritation, drainage, blisters around stoma throughout hospitalization</p>
		<p>Nursing Diagnosis Acute Pain Expected outcome The patient will verbalize pain level of 3 out of 10 in 1 hour after medication.</p>
	<p>Nursing intervention 1. Assess pain, location, characteristic and intensity 2.Encourage patient to verbalize discomfort. 3.Administer medication as ordered. 4.Encourage frequent repositioning. Evaluation Goal met, Patient states a pain level of 2 out of 10 and appeared calm and relaxed within 1 hour of medication administration.</p>	

Christie Benoit