

**Key Problem:**

**Disturbed Body Image**

- Feelings of helplessness or hopelessness.
- Inability to perform ADL
- Verbal expression of negative feelings related to functional disability

**INTERVENTIONS:**

- Encourage expression of feelings & support communication with parents or peers.
- Notice any positive achievements and encourage independence as much as possible. d

**Key Problem:**

**Bowel Incontinence**

- Poor anal sphincter tone and control
- Impaired skin integrity caused by contact with feces.

**INTERVENTIONS:**

- Provide scheduled potty training and use suppositories if needed.
- Teach parents correct cleansing and diapering techniques for infants/toddlers.
- Check/Change diaper frequently and provide barrier cream.

**Reason for Needing Care:**

**Medical Diagnosis:** Spina Bifida

**Key Assessments:**

A & O x4, Incontinent, Catheterize q 6 hours , NKA, R Shoulder Pain, gunshot wound to the neck,

**Key Problem:**

**Impaired Urinary Elimination**

- Urinary retention
- Neurogenic bladder with decreased tone
- Lack of awareness of bladder fullness

**INTERVENTIONS:**

- Encourage adequate fluid intake and measure strict I & O
- Routine catheterization and Crede's maneuver if indicated.
- Keep genital area clean after each elimination