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During my clinical experience this week, I had the opportunity to get a tour around Blythedale Children Hospital & grow accustomed to some of their norms; For Instance, a fracture precaution is represented by a chipped teapot on the patient's door. The greatest challenge I experienced this week was still being a little nervous around the patients; My patient this week was an 18 year old diagnosed with spina bifida and muscle dystrophy. Although he wasn't interested in talking, I want to be more confident and self assured moving forward during my interactions with him and the other patients. On the other hand, my biggest accomplishment was that despite my nervousness I took initiative not only in my conversations with the patients but with the nurses as well. As a result, I gained a lot of knowledge on their routine when they start their shifts, prioritizing what meds to give first and I gotta watch how to administer food through a GI/PEG tube. I have no bioethical concerns this week.

The verse that spoke to me the most for this clinical experience was 1 Corinthians 9:25 (NLT), which says "All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize." In order to win, athletes must be well disciplined in their diet, exercise routine, sleep schedule etc. Similarly, nurses must also be well-disciplined in their jobs such as being thoughtful & respectful to all patients or knowledgeable on medications & preventive care. However, unlike athletes the goal isn't "winning", "money" or anything self-serving. The goal is to allow God to work through them to help people. Throughout the rest of my clinical and educational experience, I pray that God helps me to retain the knowledge needed from me as a nurse and uses me to help those in need. Amen.