Journal 4

- **You are running a psychanalytic group in your local community center. This is an open group. One of the members, Jane is often rude to others around issues of family conflict and feelings of inadequacy. She interrupts others and the leader at times, but never enough to warrant being removed from the group. While is can be rude, she is also the most "helpful" member of the group, often the first to offer help to other members.**
- **She seems to overemphasize her abilities in understanding intellectual concepts and doing well managing her family. Whenever she engages in free- association she says things like "You're no good", "Lazy", "Stupid", "Ability", "Be like your sister".**
- **What interventions or questions you would ask Jane, and how would the group be used to work Jane? Role Play.**

I think my group of social worker would first need to assess Jane's behavior and why she is acting rude towards other members of the group. Once the group of social worker learned what is wrong with Jane we will be able to make the appropriate referrals for services for her.

In order to gather information from Jane and find out what is bothering her we may need to use motivational interviewing. Motivational interviewing involves four concepts which are express empathy, develop discrepancy, and roll with resistance and self-efficacy.

Before Jane can continue in the group we will inform her that she will be referred for Individual therapy. The social worker will ask Jane open –ended questions to find out what is bothering her and why she is being rude to the other group members. The social worker will allow Jane to explain herself and provide information to why she is angry and rude with some of the members

In the group the social work will first address the ground rules with the client and do ice breakers so that groups can get to know each other. An example of ice breaker can be to ask each member to state their name and their favorite hobby.

I think some of the question as a social worker I would asked Jane has she ever been bully as a child. Is there anything currently making her upset? What makes her happy and what makes her sad? How is school going for her? Does she have friends? Why does she think her being rude to some of the members and other times her helpful with some of the members? How does Jane think we can help her from not being rude?

After gathering all the information from the interview with Jane the social workers will have a better understanding as to why Jane is acting out and being rude. Also this will help Jane to better understand her behavior before she join back the group.