

CD702: Working With People (Winterim 2023)

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AA Meeting

The Alcoholic and Anonymous (AA) was done Online at St. Georges Church 209 E 16th St. 10003. AA# 16170, this group's name was Grateful, I liked the name hence I chose it, this was my very first time in a setting like this. Done Friday March 3, 2023. The first thing I observed is that many souls were heading down a destructive path in their lives. Many senior people was in the group too just couple months in the program

Dave K, was the host of the group and Phil was the co-host, there was 22 people online. The first thing that was done is that they read what they call the AA preamble, and this is done at each meeting, one person read this. Another person read what is called the Traditions and another member read a reading called "A thankful heart". I observed that before they read anything, each person said their first name and that they are an alcoholic, then they will begin reading the article. I was surprised by this, why? If you want someone to speak affirmations in their life daily in a positive manner, why is each person repeating that they are an alcoholic?

The group read from the big book and everyone including myself got to know how the AA got started by a "Mr. Chicago" Each member took turns to read at length and when all was through reading they made comments of appreciation about what they have read and what the program has done for them so far, each person was grateful for the help. One person, Lilly, commented that she is clean now 7 years. This was a good insight for me and how to do ministry to the hurting.