

My spiritual journey was examined in taking this course and made me realize a few things about myself. I was able to practice things I've never done before and in doing so it opened up my eyes to some bad habits I have. I whenever get the chance to do something good for myself, I usually expect it not to work out for long which can separate me from my future growth. Before coming into this course, I would speak to God whenever things get bad and just ask Him to help me in my difficult times and just show me how things will get better for me. At times when things wouldn't get better for me I felt disappointed in myself and questioned if God was hearing me but continued to pray for those better days. I then learned in this course that I have to take time with God and let Him work in his ways and just overall trust in Him because he's the only one that knows my purpose in life and what ends up happening. It made me emotional at times when I felt alone and lacked that love and belonging from God whenever I felt that I and God had that sort of poor connection and relationship and became discouraged. Coming out of this course, I feel much more confident than I did a year when it comes to my journey with God and how to grow as a person and learned that God is always listening to me regardless of me receiving those signs from Him. I have planned out my spiritual journey with God and how to grow more with me and truly deeply connect with him and learn more about his love for me as well as growing emotionally, socially, and intellectually in the next 3 years.

I always struggled to express myself with others for instance my family members when it comes to my emotions or showing any of my emotions because I feel that they might not truly understand me or might not see me as a strong person because I'm showing my vulnerable side to them. This doesn't necessarily mean that I don't trust them with my struggles because I trust them with my life, it's more of a personal issue I've struggled with for my whole life. I plan on showing that side of myself to them to show them I do care and that I do sometimes get scared

about things going on around me whether it is not spending enough time with them. I've learned that family are the most important ones in your life and will always be there for you and won't judge you for you. I will plan on try being more affectionate and showing the love I feel for them in my heart. I know God wants me not to fear and to rely on those around me that show that they genuinely care about me.

I am not a very social person but that's not because I don't like speaking with people, I'm just a very shy person that won't speak unless spoken to because I worry that I may say the wrong thing or that I may be annoying to that person. It's something I've known about myself forever and hope to try and work and grow on myself socially and try and get out there and make those connections and relationships with people. Meeting new people is something that I don't regularly but I'm open to it and hope to make plenty more connections with people out there. Being in control of myself like that will help my character and make others understand me and my ways of acting. I love spending time with my family, especially those close cousins I have that I talk to daily. I wouldn't trade them for anything in this world and I feel that God put each one of them to watch out for me and give me that love I needed. Becoming more social is something that I know won't happen in a blink of an eye but will happen with time as well as patience and God's help as well as my loved ones.

Those who I will hold accountable for these changes are mostly myself but also the help of God and allow him and trust in Him to guide me to the right path of becoming my better self spiritually, emotionally, socially, and intellectually. I feel that this plan for me for the next 3 years will be an ongoing process because there can always be ways in which I can better myself but just enough for myself and God. I pray that with God's love for me and trust in Him that my spiritual journey will go as calmly, smoothly, and overall beautifully as I hoped it would.