

## READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

Student Name: Eugenie Cidoine

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With integrity, I have read this book (circle one): **Thoroughly and Entirely—100%**

Quickly but Completely—100%

Thoroughly but NOT Entirely—\_\_\_\_\_ %

Quickly and NOT Completely—\_\_\_\_\_ %

Not at all

January 25, 2023

Signed: \_\_\_\_\_ Eugenie Cidoine \_\_\_\_\_

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book reminded me of How God wants to not look for better things, but be happy with what I have. He used me in spiritual surgery by helping me with my relationship, he is currently helping me through a tough time. Page 20 in Guyon “come draw near to your father who desires to embrace you in his loving arms”

2). Where did you agree most with the author? Disagree most?

I agree with most with the author where they go back to how your childhood affects you as a person and how that can happen with your relationship with God. I did not agree with the result that I got, I did not feel like it was correct.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The spiritual truth that I learned is that sometimes you have to look back on your mindset and see what is holding you back from God. I am integrating it into my personal spiritual formation by asking myself questions about thoughts that I currently have at the moment about my faith.

Student Name: \_\_\_\_\_ Eugenie Cidoine

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February 1, 2023

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Signed: \_\_\_\_\_ Eugenie Cidoine \_\_\_\_\_

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

I took apart the different types of beliefs and dive deep into who I am. God used me in spiritual surgery by trying to open me up to different types of beliefs because I grew up legalistic. Page 43, “there is openness to find out if this is God presence” (Walborne, 43) God is opening up my eyes so I can be more open with my eyes. And the Guyon book also spoke on cutting out distractions and activities and letting God show up.

2). Where did you agree most with the author? Disagree most?

I agreed with the author with the setting time away to talk to God and listening. What I disagreed with is the road to perfection because there is no road to perfection, only God is perfect and also some of the type of people that Theologian, I do not think that we have to be open to every practice of religion.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The spiritual truth that I gleaned from this book is to set time apart for God so that he can work and speak to me. I am integrating it into my personal spiritual formation process by starting to set quiet time to let him speak.

Student Name: \_\_\_\_\_ Eugenie  
Cidoine \_\_\_\_\_

February 8, 2023

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1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book showed me that when you accept the cross you will struggle. and it also speaks of how God wants the best for us and wants to love us. " When God comes to live within us, he brings with him all his virtues -and goodness" ( Guyon, 55) and the spiritual journey spoke on finding those that accept you for who you are, finding that community that you need and not letting shame hold you back.

2). Where did you agree most with the author? Disagree most?

I agreed most with the author where it speaks about community and how important that is for us. And the part where it says let God love fill us.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The spiritual truth that I gleaned from this book is it is important to have people that we can share ourselves with, God wants that for us and we are one body in Christ, A man and Women should be able to do ministry. I am integrating it into my spiritual formation process by letting God loves work over me and help me with the anger issues that I am dealing with.

Student Name: \_\_\_ Eugenie Cidoine

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February 15, 2023

With integrity, I have read this book (circle one): **Thoroughly and Entirely—100%**

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1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book showed me the power of prayer and listening, when I really let God work I get to see how he is telling me over and over again to let go of all the anger that I am holding. He communicates his love to me through his songs. “ God presence is not a stronghold to be taken by force or violence. His kingdom of peace, which can only be gained through love” (Guyon,71) and the book also spoke about on the importance of praying silently and being vulnerable and showing who we really are the ugly parts of us that we feel ashamed of. But God wanted us to know that “ we could come to God as we are and he would receive them” (walborne, 86)

2). Where did you agree most with the author? Disagree most?

I agreed a lot with the author about forgiveness is choosing to let go and it is such a challenge for me to forgive, it is so hard to do it. But I agreed a lot with the author that you have to give your ugly pieces to God and do not mask it.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The spiritual truth I gleaned from this book is the joy that forgiveness gives, releasing that pain and also letting God move in silence spending 8 minutes of quiet time with him. I am not integrating that into my life yet, but I would love to release all the pain and anger that I am holding on from not forgiving all the people that hurt me.

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February 22, 2023

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Not at all

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1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book took me apart on the chapter that spoke about examining myself. “ Self examining should always precede confession” (Guyon, 81) I never used to confess to God when I pray until recent I started to confess to him and I saw that he made a lot of changes in my life. By reading this I got to see the power in confession. I also learned the importance of building intimacy with God. “ he knows our secrets and our desires, and yet he wants us to share them with him anyway” ( Walborne, 104) God use this chapter in spiritual surgery by showing Christians that we need to ask God to increase our hunger for him. And I also love how honest it was when it spoke about churches choosing to have a good image instead of being authentic, I noticed that a lot in my religion, many churches care more about how many they can baptize rather than if the person is really accepting Christ.

2). Where did you agree most with the author? Disagree most?

I agreed most with the author when it spoke on confession, that is such a big thing that I personally feel like is not talked about enough. And I also agreed with the authenticity picture being put up by a lot of churches but one thing is though you can not fake authenticity, one thing that humans can be good at times is seeing straight through other people. And I also agreed with the author saying that we should ask God to help us to increase our hunger for him, that gave me a new perspective.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The spiritual truth that I learned from this book is to be authentic, ask God to increase your hunger for him. I am integrating it into my personally spiritual formation process by starting to confess to God more, because when I did it last, he touched my heart and I felt great after.

## READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

Student Name: Eugenie Cidoine

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March 1, 2023

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Signed: Eugenie Cidoine

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book took me apart when it spoke about you do not have to be tied down to one specific form of prayer. That was surprising to me, I did not think that I would ever hear that come from a Christian person. “ Don’t be surprised when former method of prayer are no longer comfortable to you” ( Guyon, 92) what I have heard before is that it is not good to always repeat the same thing when you pray so this chapter did touch on that, it said that“ It is far better to be wholly led by the Holy Spirit in prayer, for then all aspects of the prayer to be complete ( Guyon, 91). In the spiritual journey book God used me as a spiritual surgery by showing me that I do not need to hide my real self. “ God loves us just as we are and our identity is established by security in this kind of love.” this verse showed me that loves conquers a lot of things, because when someone really loves you, they can handle a lot of your imperfect flaws.

2). Where did you agree most with the author? Disagree most?

I agreed most with the author where it spoke about how early we start to reject ourselves and it made me think of how I was not always the most honest person with my identity and who I was, I am still figuring out who I am but it is slowly and surely getting better. And I also agreed with the part where it says that God loves you and love can conquer a lot of things, that made me feel so much better about who I was.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The key spiritual truth that I gleaned from this book was do not hide who you are, be yourself, do not wear a mask because when you do depression, anxiety starts creeping at your door. And I also read that love conquers a lot of things, when someone feels love they are more willing to show their true selves and knowing that someone can love you despite all of your weakness is amazing. I am integrating this in my spiritual formation process by dropping my mask down, although I feel like I am a very honest person about who I am, I always feel the need to hide myself when someone disagrees with a certain part of me, so I have to learn to love me.

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1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book took me apart as in depth it went about the ways that people hear God’s voice. I never realized the different ways that a person can hear God’s voice until now but one thing I realized for me, is hear him through music. I was watching the movie “war room” and it goes hand in hand with this chapter, because she started to find a place to pray to God. This chapter spoke on “choosing a place within our home to listen to God is important” and that just shows if you want to hear God voice you have to take certain measures to make that happen. “Place yourself in a position of quietness to receive from God” God used these chapters in spiritual surgery by talking about the importance of spending time with in quietness.

2). Where did you agree most with the author? Disagree most?

I agreed most with the author when she spoke about spending time in quietness and letting the Holy Spirit move. I did not know how important that was until I took this class. And I also agreed with the part where it spoke about just like a couple has a favorite spot it should be the same way with God, we should have a specific spot where we enjoy God’s company.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The key spiritual truth that I gleaned from this book is to spend time with God, cast our cares upon him. We can not do everything on our own so it is important that we give it all to him. I am integrating it into my spiritual formation process by telling a lot of the problems that I am having and sharing my troubles with him.

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**READING REPORT FORM**

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Not at all

Signed: Eugenie Cidoine

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

This book took me apart on pressing on to God knowledge, since I am a theoretician, I like to find it the truth I like to have it backed up by scriptures and I love to debate. This chapter reminded me of to press on to get to know God’s knowledge. To not rely on what I know “ Do not be like the majority of mankind who pride themselves on their own blind wisdom” ( Guyon, 168) and I also learned that it is good to have a good character. “ Character is who you are when no one is watching” God is using these chapters in spiritual surgery to show us that we have to submit to him, we do not have to keep rebelling to know how good he is.

2). Where did you agree most with the author? Disagree most?

What I agreed most with the author is to not use your own opinions, I think as Christians we can sometimes misinterpret the bible or make it match what we are going through but the author said to keep on pressing on God. I also agreed with the fact that our character reveals a lot about us and that we should strive to match God’s character.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The key spiritual truth that I gleaned from this book is it's good to have a good character and we have different motivations in our lives that affect our character. And to continue to press on God because we have to get to know him and we need more of his wisdom and we can not do everything on our own. I am integrating this in my spiritual formation process by reading the book that I bought for class and reading everything and keeping an open mind.



