

Journal #5- Group Facilitator

Georgina Micheli

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Today's group facilitator did a great job with the presentation about drug/alcohol addiction. He started off by greeting the group members outside the classroom and introducing himself. He opened the up the session by giving the group members the opportunity to introduce themselves and share the reason why they came to the this session. One important point this facilitator kept in mind was the fact that the members were diverse, so he made sure he asked the question if anyone needed translation. After showing the video about the topic he opened up the room for questions and experiences, he advised the group this is safe space and what is discussed here is completely confidential. The facilitator kept calm even though it was somewhat obvious he was nervous, regardless he was able to flow easily and make the presentation interesting to the group members. One thing he could've done differently was the questionnaire he handed in to the members because of the "age group" it was easy for the teenagers or young adults to get bored from reading long questions.