

## Guided Reflection Questions for Medical Case 4: Carl Shapiro

### Opening Phase

#### How did the scenario make you feel?

It was a scenario I had done before, so it was similar, but it wasn't easy to get a high score because of technical issues. In particular, despite referring to Tips for improvements in how CPR was conducted, the score dropped. So I was very disappointed but knew how to deal with this situation.

### Scenario Analysis Questions\*

- PCC** What could have been the causes of Carl Shapiro's ventricular fibrillation?  
This could have been related to the fact that he had just sustained his first MI and was recovering.
- EBP** When performing CPR for Carl Shapiro, what are quality indicators you are performing resuscitation correctly?  
The ECG will project a better rhythm: different from V-Fib; There will be a faint pulse. Ensure that the pads are placed correctly on the patient and that no one touches the patient before shocking the patient.
- S** If Carl Shapiro would have had return of spontaneous circulation (ROSC), what would your next interventions be?  
If the patient had a ROSC, I would monitor the patient until the advanced cardiac life support team takes over and check for breathing and pulse; stop CPR/AED use.
- PCC** What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.  
S: Patient arrives in the ED with chest pain that Nitroglycerin alleviated. He was admitted and had recurrent chest pain and V-Fib without a pulse. Pt was then coded; CPR and a defibrillator were used. Pt is now stable.  
  
B: Patient smokes ½ a pack of cigarettes daily and has a history of high blood pressure.  
  
A: After the code, the patient was breathing and had an irregular pulse of 80 bpm.  
  
R: Post Cardiac Arrest Care.

### Concluding Questions

If Carl Shapiro's family members had been present at the bedside during the arrest, describe what you could have done to support them during this crisis.

I would educate the patient's family on the current situation, walk them through the process and be as supportive as possible.

What would you do differently if you were to repeat this scenario? How would your patient care change?

After noticing he was in V-Fib, I would do different things to check the patient's carotid pulse instead of his radial pulse.

---

\* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*