

READING REPORT FORM

PMN 101- Introduction to Spiritual Formation

Student Name: Daniel Choi

With integrity, I have read this book:

Thoroughly and entirely- 100%

Signed: Daniel Choi

- 1) Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes and page numbers)?

The part that took me apart was when Dr. Walborn was talking about own experience. She shared her process of reflecting, acknowledging, and seeking help in dealing with her anger issues. Starting from page 88 to 90, she shares her experience in finding out that she was “bondage to anger” but when she admits her weakness, she experiences Jesus’ “tenderness and healing love” (page 90). This was so powerful because it made me reflect on myself. What are my weaknesses? What are my weaknesses that I know are my weaknesses but still cannot admit before God? It made me realize that knowing my weaknesses is one thing, but to come before God and confess them and leave it to Him is a totally different thing.

- 2) Where did you agree most with the author? Disagree most?

I agree with pretty much everything she has written. I love that she is like a personal mentor and a guide to help readers walk the path that God desires and wills. I love how she challenges the readers by sharing her personal experiences and others’ as well to show us that everyone is going through the same problems and there is no one that is perfect. I love that she also gives practical steps for readers to take.

- 3) What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The key spiritual truth I gleaned from this book is the importance of intimacy with God. Dr. Walborn notes that God created us for a purpose- to have a relationship.