

READING REPORT FORM
PMN 101 – Introduction to Spiritual Formation

Student Name: Genesis Perez

With integrity, I have read this book (circle one):

Thoroughly and Entirely—100%

Quickly but Completely—100%

Thoroughly but NOT Entirely—_____ %

Quickly and NOT Completely—_____ %

Not at all

Signed: *Genesis Perez*

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

In chapter 2, where Dr. Walbron begins to talk about how beginning your journey to trusting and saying yes to God kind of took me apart because it seems so simple but for some, it may not always be the case. For instance, with me, I necessarily feel that I can trust God and let Him choose my path and what’s best for me but at the same time, I get into these moments where I don’t understand why something in my life happened causes me to be hurt. After reading this chapter, I realized that God always does things for a reason and that going through those things invites Him to heal you and guide you to a better place. I felt that Dr. Waldron expresses it when she says, “God desires to have a personal relationship with us, but wants us to choose intimacy with Him in return. God did not seek to have an intimate relationship with anything else he created, because no other part of creating had the capacity to love” page 41.

2). Where did you agree most with the author? Disagree most?

A part of this book that I couldn’t agree with more is when she talks about belonging and states, “Belonging is more felt than stated. Telling people they belong is one thing, but making room for them speaks much louder than words” page 68. She is simply stating how even when we’re being invited to little things like a party and so on, it doesn’t necessarily mean those people want us to be there, it’s more of the feeling as we belong and that connection we feel with the indeed shows to us that we belong for them.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

A spiritual truth I came across in this book was learning how to truly become closer to God. The author in chapter 1 goes over ways we try and are connected with God and how we're always longing for love. She compared the love and connection between a mother and a child is the same love we try to have with God as she states, "The longing an infant displays for a caregiver is similar to the longing we have for God. The longing for closeness, tenderness, safety, and love is instinctive in all of us" page 25. That is something I will be integrating into my personal spiritual formation process by trying to get closer to God and feel that intimate love I feel I've been longing for quite some time.