

**FIELD EDUCATION**  
**The Log**  
 Lynn Williams-Martin



**Week # 7**

**Hours This Week: 8 Total Hours: 56/ 120**

<b>HOURS SPENT / TASKS &amp; ACTIVITIES</b>	<b>REFLECTIONS    JOURNALING    THOUGHTS    PROCESSING</b>
<p>2 hours spent with chaplain/mentor training and going over volunteer training manual. Practicing writing verbatim.</p> <p>2 hours spent in family meeting with chaplain/mentor. Talking with the patient family and palliative care team. Assessing the patient family needs.</p> <p>2 hours spent visiting the patient. Talking and praying with them.</p> <p>1 hour spent in meeting with doctors talking about how the chaplain could get more involved with the medical team.</p> <p>1 hour charting patient assessment in the computer.</p>	<p>Today started out with intense training. I am being trained to go out by myself. I feel confident that I can do this. After six weeks shadowing the chaplain, I have learnt a lot from him. In the training I was taught to take time to be still and to say a short prayer before going into the patients' room. Preparing myself emotionally and spiritually. I am still in awe about all the duties of a chaplain. I needed this experience. It is reassuring me that this is who I am and what I want to do. I know that God has called me to go to the sick and comfort them. I feel very fulfilled when I leave the patients room. I enjoy seeing them smiling and happy. I had an experience today that really confirm who I am emotionally. I walked into the patient's room with the chaplain. I was told to take the lead. As I began talking to the patient, he started crying and saying I do not want to live like this. I got so emotional I could not say another word. The chaplain had to step in and finish the visit. After our debriefing, I realized that it was difficult for me to see someone suffering. I question myself for a moment but then the chaplain said this is not uncommon, when I feel like that just excuse myself and step out of the room. The family meeting was also emotional for me. Seeing the family crying, knowing that they do not want to let go. They have to make some difficult decision. I cry with them inside. I think about my family and how I would deal with a situation like that. I see their pain and I know that I am there to comfort them but it is not an easy thing to do. I am hoping as I begin to attend more of these meetings, that I would get stronger emotionally. This experience is certainly building me up spiritually. While sitting with the doctors in the meeting I can really see the need for the chaplain to work alongside the them. As I listening intently, I am formulated how I am going to proceed with my project. I am happy, my day feels complete.</p>

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**MEETING(S) WITH MENTOR(S) || TOPICS OF DISCUSSION || REFLECTIONS**

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