

# FIELD EDUCATION The Log



Week # 5

Hours This Week: 8 Total Hours: 40/ 120

HOURS SPENT / TASKS & ACTIVITIES	REFLECTIONS    JOURNALING    THOUGHTS    PROCESSING
<p>2 hours spent with chaplain/mentor going through the process of how to approach the patient and what is the appropriate thing to say to the patient.</p> <p>2 hours visiting patients. Praying, talking with them and offering emotional support.</p> <p>1 hour with mentor discussing the problem that we were facing with acquiring my ID and getting me cleared by employee health.</p> <p>2 hours visiting patients</p> <p>1 hours charting in the computer the report of the patients we visited.</p>	<p>This morning started off a little different. I sat with chaplain/mentor discussing different case scenarios. In one of the scenarios, the question was asked to the patient do you welcome this suffering and the patient responded I neither welcome the suffering or the reward. I was a little confuse by the patient's response. In church we are told that the suffering is to make you stronger and those that went before us suffered. I began to wrestle with the answer. I thought about when I was sick in hospital. I ask myself did I welcome my suffering. I know that I was able to go through this illness because of my faith the Jesus. I realize that I was looking at the patient's response from the lens of Christianity. I could not come up with a right or wrong answer. My mentor allowed me to let my thoughts go as far as it could, and then he told me that the patient was a Jew and it is a Rabi that ask him the question. He said the patient answered the question according to his belief. I then understood why it was important to frame the questions to suit each patient and their religious belief. I am learning something new. I am still processing everything that I learnt today. This exercise was very helpful for me as I prepare to take the lead when visiting the patient. Now it was time for me to practice what I learnt. The Chaplain let me take the lead when we went into the patients' room. I introduced myself and proceeded to ask them some questions. After coming out of each room, the chaplain and I had a debriefing where we discuss what I did right and what I can improve on. I have to remember to let the patient take the lead. Ask questions that would help me develop a conversation with the patient. Be mindful that everyone does not have the same belief. I love to pray and I wanted to pray for all the patients, but I had to remember to ask for their permission first. As I reflect on today, I feel like there is so much for me to learn and I am ready for the challenges that are ahead.</p>

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**MEETING(S) WITH MENTOR(S) || TOPICS OF DISCUSSION || REFLECTIONS**

Met with my mentor today. We mainly spoke about solving the problem we were having with getting my ID. We also spoke about my goals and my preparation for becoming a certified chaplain. We reflected on the past four weeks and how much I have learnt. She also expressed the desire to send me out by myself to visit the patients soon.