

FIELD EDUCATION
The Log
 Lynn Williams-Martin



Week # 8

Hours This Week: 8 Total Hours: 64/120

HOURS SPENT / TASKS & ACTIVITIES	REFLECTIONS JOURNALING THOUGHTS PROCESSING
<p>1 hour spent in meeting with chaplain going over the plan for the day. 2 hours spent visiting and praying for patients. 1 hour spent with mentor debriefing 2 hours spent in chapel 1 hour practicing preparing a verbatim on patient 1 hour charting on patients visit</p>	<p>Today starting with the chaplain talking to me about how to approach the patients and giving me some key questions to ask the patient. The day has finally come I am going out to see patients by myself. I am a little nervous but I know I can do this. The first patient I visited was very moving for me. When I entered into to the room, I was not prepared for what I saw. The man was lying flat in bed. He had one arm and the other arm was in a box like sling. I could hardly see his face. I introduce my self not expecting too much of a respond. To my surprise his voice was very powerful. I ask him what keeps him while he is lying on the bed. He began to talk so much about his faith in God. He told me that he sees his illness as temporary. I was surprise because his faith was so strong. Talking about his faith made my faith grow stronger. I felt as though he was strengthening me. This was an awesome experience. I went into room with my own perception, but he made me realize that God was still working on his behalf. There was no sadness in him, despite his condition. I wondered if I was lying there instead of him will I be in such high spirits. Reflecting on this visit, the patient really thought me a few lessons. The first lesson I learnt was not to judge by what my eyes was seeing. He also taught faith in action. We can talk about faith but it is better demonstrated when you can witness it. I had fourteen more patients to visit but I already felt like my day was fulfilled. I am going to meet up with the other chaplains in the chapel for the celebration of Purim. I entered into the chapel not knowing what to expect. The Rabbi who was there did the reading of the megillah, which is the reading of the book of Esther. I was happy to experience the celebration of another culture. This celebration shed some light on how faithful the Jews are to their history. This day was a learning experience for me.</p>

MEETING(S) WITH MENTOR(S) || TOPICS OF DISCUSSION || REFLECTIONS

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Today I met with my mentor for a debriefing. We talked about how I felt visiting the patients. She asked me what was my takeaway and if there were any areas, I need help in. We also discuss what she would like to see me getting involve in go forward. We talk about my time management and how I was coping with all my assignments for school. She also spent some time helping me find online CPE courses.