

Contextual Analysis questions

1. How can parents, teachers and friends promote or impede identity exploration in this case?

In the case study you have all the family system that is basically a rags to riches story. Since both brothers came as adolescent immigrants they must of faced discrimination. In this they went back to what they knew in their culture and what they believed would give them credibility in American culture. This being food this is where to two brother started out. While the only child Havar, is in this world where he see's and hears about how things were in Cuba. This influences him to understand that going back in not an option. Now he has to make his way in America, In school his teachers would be encouraging his hopes and dreams. Since Havar is first generation, American, he will have his families situation he is living and working in, meanwhile he has his school environment that is pushing him towards his college, which he does not see himself doing. If Havar wants to go the way of his family and run the business. He will be having a identity crisis where he feels forced into the role of being in the restaurant field, while maybe his peers he may face peer pressure and conformity. Meanwhile teacher may just see something else in him. This can affect his self esteem, his image and his identity.

2. How may culture influence Havar's identity exploration process?

His Cuban/Mexican culture could influence exploration by understand where each parent comes from and how they were raised and grew up. Hearing the tensions of the parents and arguments may have had an effect on Havar. He may look at his uncle and say that being single being the way to go. Hearing stories can have a profound effect and influence on a adolescence trajectory. Havar must deal with his ethnic image as well as the image portrayed from the mainstream culture. . Also the your environment come from a subculture to a culture can have crises of assimilation vs acculturation in Havar's lifespan.

3. How typical is Havar's Identity formation process for children born to immigrant parents?

Havar has to contend with himself being Cuban and Mexican, two cultures that are very different. Now Havar being an adolescent he will want to be more with his peers then at the restaurant. Though he may love it his friend group may wonder why he does not "hang out" as much. This could cause strain on the family relationship cause a crisis of control of the parents vs the autonomy of Havar. Havar having to walk the line in two different cultures and well as adhere to mainstream American culturally

norms. If this is the case Havar may eventually have conflict with his role in the restaurant and his role with his peers. Parental conflict could easily happen.

Psychosocial Analysis questions

1. How does Psychosocial theory explain why Havar wants to be just like his father?

Psychosocial theory focuses on the patterns in certain psychological and social spheres. Havar may want to be like his father because in part he may have similar features as his father, or a similar motivation or work ethic. He already cooks at the restaurant making a name for himself like his father did early on on the streets of South Florida. You can see a pattern emerge there. Next in the social aspect you have people surrounding him saying that he should run the restaurant and that his cooking is better than his father's. This boosts Havar's ego to say I can do better than my father, maybe I should start my own restaurant business, after graduation from high school. With all the physical and psychological changes at this stage Havar may struggle with wanting to be like his father or wanting to branch out to his own identity.

2. Imagine Havar fifteen years in the future, when he is in his thirties. What might his life be like? What might be a result of his career, education, lifestyle decisions, he is making now.

I foresee fifteen years in the future for Havar, that he may be working at the restaurant out of obligation to cultural ties to his family especially his father and uncle. I would say that Havar did not attend college, but that would constantly be on his mind, due to being the first in the family with a degree and possibility running his own restaurant or being a sous chef. At this point he may have some regrets, Havar may have not moved out on his own which means he is obligated to serve his parents and remain at the restaurant for him that may seem like an eternity. Havar, lost contact with most of his friends from HS, but keeps in contact via social media, where daily he is reminded of their lives, successes and adventures. Meanwhile Havar is still doing what he was doing at sixteen. So Havar may be depressed about his current life situation and want a change.