

Journal # 6
Community Organization Task Group
Topic: Race Relations

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Today session commenced with Praise and Worship songs, Prof. Carlton, Prayed for the class and the atmosphere was very uplifted. It makes me feel like I can do all things through Christ which strengthened me (Philippians 4:13).

This week's role play was very interesting. Our group was comprised of diverse community leaders. The topic was definitely a hot topic, race relations and reconciliation in the U.S. One of the members shared about the role of Martin Luther played during his era; observing police brutality, discrimination against the colored people, and many issues that relates to the minority class. Some members spoke about loving yourself and others working together in unity, unity builds strength/power with one voice, to come against injustice to bring about positive change. Interventions that can be use to build unity was also shared by members in the group.

This session itself was really good. I was able to see two things mentioned in Corey's, Theory & Practice of Group Counseling, very clearly. The first one is the possible effectiveness of these groups, "These groups address the application of principles and processes of group dynamics that can foster accomplishment of identified work goals," there was no, let me explain. Group members/participants are very aware of the topic to be discussed. The second is "It is essential that group leaders recognize that process and relationships are central to achieving the goals of a task group." (Corey. 2015. Pg. 40) the facilitator was on point. She allowed the individual to speak because process and relationship are central to achieving goals.

As I processed the role play, was very interesting bringing awareness about the problems affecting minority groups, coping, managing, solving problems and anticipating a better tomorrow.

REFERENCES

Corey, G., 2015, January 1. Theory & Practice of Group Counseling., Cengage Learning 9th

Ed., Boston, MA