

Alliance University  
Cheryl Phenicie School of Nursing  
**NURSING CARE PLAN**

Student's Name: Christie Benoit

**Nursing Diagnosis: Acute pain Related impaired Venous return as evidence by patient states pain level 7 out of 10. Edema Restlessness and reports of tenderness on affected limb.**

**P -Acute pain**

**E- Related impaired Venous return**

**S- As evidence by patient states pain level 7 out of 10. Edema Restlessness and reports of tenderness on affected limb.**

Expected Outcomes Evaluations	Nursing Interventions	Rationales
Patient will state a pain level of 3 out of 10 in 1 hour after medication administration	1.Elevate affected extremity with pillows 2.Administer acetaminophen as ordered 3.Reasses pain level after 1 hour 4.Discuss HCP for doppler ultrasound 5.Administer analgesic as ordered 6. reassess the affected limb with edema scale	1.To promote venous return circulation and to reduce edema. 2.Reduces pain 3.Evaluate patients pain level 4.To detect the vessels of the affected limb 5.Relieves pain 6. measures the severity of fluid in the affected limb  Goal met, Patient stated a pain level of 2 out of 10 and appeared calm and relaxed within 1 hour of medication administration

Reference

**Students must use black ink.**

**Reference Citation- subtract 10 points if students do not include reference citation and**

**Subtract appropriate points if not cited correctly**

**Subtract 1 point for each spelling and grammatical error.**