

Guided Reflection Questions for Medical Case 4: Carl Shapiro

Opening Phase

How did the scenario make you feel?

The scenario was nice because it was nice to see how I would perform in a real life scenario. It is nice because I am able to make mistakes and learn from them.

Scenario Analysis Questions*

- PCC** What could have been the causes of Carl Shapiro's ventricular fibrillation?
The cause of Carl's vfib could have been that there was not enough perfusion going to the heart, causing his chest pain and leading him into vfib.
- EBP** When performing CPR for Carl Shapiro, what are quality indicators you are performing resuscitation correctly?
Make sure it is 30 compressions to 2 breaths, 2in deep in the lower sternum, and making sure to switch places with another person when appropriate.
- S** If Carl Shapiro would have had return of spontaneous circulation (ROSC), what would your next interventions be?
Make sure that he has enough oxygenation and make sure to administer his medications and check his vitals as ordered.
- PCC** What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.
54 year old patient came in with complaint of chest pain, shortness of breath, and diaphoresis. Patient was administered aspirin and nitroglycerin 2 tablets. Patient was assessed and vitals were normal. Patient went into v-fib, rapid was called, cpr was given and AED was used to shock the patient. Patient is stable and is recovering. I would recommend to closely monitor patient and continue to check vitals frequently.

Concluding Questions

If Carl Shapiro's family members had been present at the bedside during the arrest, describe what you could have done to support them during this crisis.

I would assure them that the team is going to do everything they can to help Carl, and that the best thing they can do is to allow the doctors to do their work and help him.

What would you do differently if you were to repeat this scenario? How would your patient care change?

I would perform cpr faster and make sure to administer the shock after making sure the area is clear.

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>