

Alliance University-Concept Map

DYAD

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Nursing Dx: Risk for postpartum hemorrhaging

Expected Outcome: Patient will demonstrate vital signs within the expected range prior to discharge.

Interventions

1. Educate patient on recognizing excessive bleeding. Should not exceed one perineal pad per hour.
2. Monitor patient vital signs closely every 4-6 hours.
3. Teach client the importance of fundus massage.
4. Educate patient on utilizing ice pack on perineal area.

Evaluation- Goal met, patient maintained adequate vital signs, bleeding was scant, she verbalizes the importance of fundal massages and uses ice packs as needed prior to discharge.

Nursing Dx: Risk for infection related to invasive procedure and/or increased environmental exposure.

Expected Outcome: Client will demonstrate actions that limit the spread of infection and reduce the risk of complications during her hospital stay.

Interventions

1. Educate the client on strict hand washing technique.
2. Assess traumatized tissues for signs and symptoms of infection.
3. Educate the client on signs and symptoms of infection.
4. Educate the client and demonstrate proper post-partum cleansing techniques.

Evaluation- Goal was met; patient demonstrated skills to prevent infection by performing adequate hand washing technique and proper cleansing of perineal area.

Past Medical History

Cesarean sections for previous pregnancies.

Medical Diagnosis

Assessment:
Infant:
Mom :

Nursing Dx: Risk for neonatal hypothermia due to lack of thermoregulation in newborn state.

Expected Outcome: The parents of client will demonstrate proper techniques for preventing neonatal hypothermia prior to discharge.

Interventions

1. Educate parents on methods of heat loss including convection, conduction, radiation and evaporation.
2. Provide heat loss barriers.
3. Provide a warm environment.
4. Keep newborn dry and tightly swaddled.

Evaluation- Goal met, parents demonstrated knowledge on different methods of heat loss, environment is kept at 75 degrees, newborn is dry and tightly swaddled prior to D/C.

Medications

Mom:

Infant: