

Diastasis recti: absent present Hemorrhoids No
 Incision: None
 Type: transverse vertical umbilical
 Closure: staples sutures steri-strips
 Condition: approximated redness swelling discharge other _____
 Dressing: _____
 fundal assessment: firm boggy firm with massage
 midline displaced: right left
 Fingerwidths/ fingerbreaths: 1 fingerwidth below the umbilicus

Genitalia
 Perineum: intact episiotomy laceration/ repaired: 1° 2° 3° 4° Extension _____
 Condition: approximated redness swelling discharge other _____
 Lochia: color rubra amount moderate odor earthy
 Note: _____

Extremities
 Varicosities None pedal pulses 2+ homan's sign Negative (-)
 Edema: none non-pitting pitting: 1+ 2+ 3+ 4+
 thrombophlebitis

Elimination
 Voiding pattern: normal incontinence distended catheter type: _____
 Last BM 2/24/2015 constipation diarrhea hemorrhoid

Psychological normal
 Stage: taking in taking hold letting go
 postpartum blues history of depression history of psychiatric diagnosis
 Edinberg depression scale score _____

Bonding
 Describe interaction between mother and infant
patient is bonding w/ baby
patient was breast feeding baby

Client Education Topic	Patient verbalize or demonstrate understanding or needs reinforcement	Additional information
Constipation		
eat more fiber		
Senna?		
Drinking more water		
@ Docusate Sodium		

Additional Comments:

Review
low urine output