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This past week we were unable to attend clinical because of weather, so I will be writing about my sim lab experience this semester. During the sim lab we had a few scenarios, one of them being a newly diagnosed diabetic who had a hypoglycemic episode while playing a sport. The biggest thing I took from this scenario was the importance of patient education because this patient did not know the importance of consuming carbohydrates before exercising. During the other scenario our patient went into SVT, we were unaware of why the heart rate was going up so much. But, I learned from this scenario that cardioversion or amiodarone can be used to treat this. My greatest challenge during this simulation day was whenever the patient went into SVT, at that moment my mind went blank and I could not think of a single thing to do in order to help the patient. I noticed an improvement in my overall confidence in comparison to the sim lab last year. My greatest accomplishment during this simulation was during the hypoglycemic scenario, I felt fully prepared and able to perform the right interventions as well as give good patient education. There were not many technical skills performed during this sim, because we just verbalize each intervention we are performing. My communication skills were good with my fellow classmates, but I found that I did not communicate with the patient much. I would like to improve upon my communication to patients. Because I want to go into pediatrics; it is especially important to talk to and comfort the patients when performing any type of care. **John 14:27** “Peace I leave with you; my peace I give to you. Not as the world gives do I give to you.

Let not your hearts be troubled, neither let them be afraid.” This verse was a great reminder throughout this last week. It reminds me to look to God to take away my worries, even when life gets busy God is still there.