

READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

Student Name: Rebecca Flores

With integrity, I have read this book (circle one):

Thoroughly and Entirely—100%

Quickly but Completely—100%

Thoroughly but NOT Entirely—_____%

Quickly and NOT Completely—_____%

Not at all

Signed: _____

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

I believe that this book has great point of views, great outlooks and it teaches Christians to value being in the presence of God. Furthermore, we as Christians struggle a lot because we are very hard on ourselves. That being said, this book took me apart in is in page 127 paragraph two in, Jesus’ Blessing. It states that, “Jesus ministry did not begin until He received the blessing from the Father. Jesus did not do anything for acceptance, He acted from acceptance.” And it made me take a step back soak in that statement because I struggle with asking God when will I be in my appointed time. But this statement right here, took me to, Be Still. It took me to the story of David when he was anointed but still went back into the fields to tend to his sheep. There is a process to where I or we need to get to before we can be in the acceptance and appointed time according to the Fathers will and plan. If we rush to our purpose, who are we hurting along the way, what opportunities we may miss along the way just to get to our destiny in a rush. Psalms 46 come to mind, “Be still and know that I am God. “

2). Where did you agree most with the author? Disagree most?

I do not disagree with the author. I believe the author was spot on based on, what she has experience in her walk with Christ. In my opinion, we as Christians lack the knowledge to be our true selves. But if were taught to, “be like Jesus,” if we have a book like this one to remove the mask of dishonesty on whom we want others to believe we are. Acceptance is very big in our lives because we conform our ways to society but if we truly read the verse 2 Corinthians 3:17 NIV version, Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom..

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The key Spiritual truth I gleaned from this book is, encountering the presence of the Lord. Being in church all my life I've watched over time the model Christian. What to say, which Bible verse people react to, the hiding of what people might think of you, and the list goes on. But what this class and this book has done for me is to literally be still in the presence of the Lord, truly. Never in my life have I ever experienced being in silence and hearing a song and or a word. I have envisioned things while in worship but never in the silence and solitude of the Lord. I have put in practice. I sit in silence and solitude before I go to bed and I keep my journal near my bed as well.