

Health fair Project
Topic: Dental Hygiene
Stephanie Duque and Kayla Davis

Introduction: Introduce ourselves

PPT on Dental Hygiene 10-15 min

- Importance of having good dental hygiene
- Educate on brushing, floss, dentist
- I use _____ to brush my teeth.
- I floss _____ times per day.
- The _____ checks my teeth.
- Talk about cavities and how to prevent them
- Foods that improve dental health
- (Mini quiz)
- How many times a day should you brush your teeth?
- Name a food that is healthy for your teeth?
- What is 1 tool you need to take care of your teeth
-
- (Activity) Demonstrate on the teeth model how to clean teeth with the tooth brush.
- Sing a song on teeth cleaning song (https://www.youtube.com/watch?v=lQMr_XY7IEM)
- (Activity) Flossing activity on paper with cotton balls
- Hand out goody bags