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Health Fair outline

HANDWASHING OUTLINE

- ❖ Introduction
 - What is hand washing?
 - When do we wash hands?
 - why do we wash hands?

- ❖ What do we use during handwashing.

- ❖ Steps of handwashing
 - **techniques for proper handwashing (A short video)/ Activity**
 - ❖ Reference
 - Centers for Disease Control and Prevention. (2020). *Handwashing: A family activity*. Retrieved from <https://www.cdc.gov/healthywater/hygiene/hand/handwashing-family.html>
 - Kidshealth. (2020). *Why is handwashing so important?* Retrieved from <http://kidshealth.org/en/parents/hand-washing.html>

BODY HYGIENE OUTLINE

- INTRODUCTION
 - What is body hygiene?
 - Components of body hygiene
 - Effects of bad hygiene

- Importance of good body hygiene
- Short video of good hygiene/Activity

Reference

www.healthdirect.gov.au/personal-hygiene-for-children