

NURSING CARE PLAN

Date: 03/06/2023

Patient Initial: P.K

Patient Need: Skin rash management.

Nursing Diagnosis: Dermatitis related to lymphoma as evidenced by red, itching, and dry skin.

P: Dermatitis (impaired skin integrity)

E: Lymphoma (cancer)

S: Skin redness, itching, dry, erosions, and irritation skin.

Expected Outcome	Nursing Intervention	Rationale	Evaluation
<p>Short Term Goal:</p> <p>The Patient will identify reduced skin redness in 1weeks. Patient will demonstrate the use of lotion to decrease dry skin in 3days. Patient will identify there is no skin irritation in 4days.</p>	<p>Monitoring skin rash, breakdown, redness, dryness, itching and pain.</p>	<p>To determine the severity of dermatitis that special attention. This intervention help prevents open skin lesion when the patient scratches his skin.</p> <p>This is for preventing patient skin breakdown.</p>	<p>Goal was met as patient skin rash and redness was reduced by 3days.</p>
<p>Long term Goal:</p> <p>Patient will not have itching feeling in by next month. Patient's skin will not dry without lotion by 2 months. Patient will describe taking fluid for hydration in 3weeks. Patient will identify there is no skin pain in 2weeks. Patient will identify positive expression in 1week.</p>	<p>Evaluating patient temperature. When the temperature is high, it increases the risk of infection.</p> <p>Encourage patient positive reinforcement. Teach patients to have the confidence to get normal skin.</p>	<p>Dermatitis has a high risk of skin infections caused by various bacteria. The sign of infection includes purulent discharge. Major signs are fever, pain, and erythema.</p> <p>It gives confidence to patient for recovering. And it will decrease fear of treatment skin breakdown.</p>	<p>Goal was met as patient skin temperature was normal in 6 days. And patient skin had no infection.</p> <p>.</p> <p>The goal was met as the patient demonstrated good feelings and a positive attitude in 1 week.</p>
	<p>Administer topical ointment when a patient has a skin rash. Advise</p>	<p>Ordered antihistamines and hydrocortisone creams can help</p>	<p>The goal was met as the patient had no skin rash in 4 days.</p>

	<p>the patient on how to perform self-application.</p> <p>Administer topical skin lotion immediately after bathing.</p> <p>Encouraging patient to take nutritional/fluid intake. Teaching a diet with high fiber and liquid intake of 2000 to 3000ml per day.</p> <p>Reassessment is monitoring skin redness and irritations frequently.</p> <p>Teach patient/family to turn his positions every 2 hours. (Maintaining clean, and dry skin, and changing bed sheet)</p>	<p>itchiness and redness of the skin. It reduces inflammation and promotes the healing of the skin.</p> <p>Lubrication with cream prevents drying of the skin. Moisturizing is important in treatment. OTC lotion should be lighter.</p> <p>Hydration status will decrease skin irritation. Nutrition will give the patient energy. Increasing fluid intake help reduce dehydrated skin.</p> <p>To determine the severity of dermatitis, RN needs to assess the infected skin area frequently. If the patient has an open wound, that requires special attention for monitoring infectious pathogens.</p> <p>Staying in one position for a long time brings dermatitis. The patient needs clean bedsheet to prevent skin irritation and infections.</p>	<p>The goal was met as the patient had no dry skin after bathing in 2 months.</p> <p>The goal was met as the patient demonstrated about breakfast, lunch, and dinner menu. The patient stated the patient had 1L fluid intake in 3 weeks.</p> <p>The goal was met as the patient's skin had no redness, irritation, and dryness in 2 weeks.</p> <p>The goal was met as the patient changed his position every 2 hours in 3weeks, and the patient maintained a clean bed in 3weeks.</p>
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Reference

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