

**Contextual Analysis Questions:**

**1. *How can parents, teachers, and friends promote or impede identity exploration in this case?***

- a. When you look at this case you can see that Havar's parents have a well-established restaurant that was created by them, solely through hard work. Havar was privileged enough to be born into it, whether he had a choice or not. In the event that children are born into something, there is oftentimes an expectation that they too will take on what their parents have built. However, that can impede identity exploration, as there is a cap to what the child can or cannot do. One way to promote identity exploration is to allow Havar to have space for self-exploration giving him the opportunity to discover his own talents and go after them if he sees fit. As parents and teachers, the responsibility is to then support his journey and allow him to grow into what he desires.

**2. *How may culture influence Havar's identity exploration process?***

- a. Havar is a first-generation immigrant living in the states, his parents are both Cuban and Mexican. At home, Havar is influenced heavily by Latin culture, however through the restaurant and even his own personal lives, he is exposed to a diverse range of cultural influences. This may allow him to form his own beliefs and understanding about the world, which isn't necessarily through the lens of his parents but mainly his own experiences and connections.

**3. *How typical is Havar's identity formation process for children born to immigrant parents?***

- a. I find that Havar's identity formation is typical for children born to immigrant parents, however, one interesting fact I noticed was that Havar had no interest in pursuing higher education, instead following in his dad's footsteps. I find that this is mostly expected if children of immigrants aren't pursuing higher education, they will take on the family business and legacy.

## **Psychosocial Analysis Questions:**

- 1. How does the psychosocial theory explain why Havar wants to be just like his father?**
  - a. The psychosocial theory is a theory developed by Erik Erikson that suggests that individuals go through different stages of development throughout their lives, and that each stage is characterized by a specific psychological and social crisis that must be resolved in order for the individual to successfully move on to the next stage. Havar's desire to be like his father possibly comes from the process of identification. Where Havar models his own behavior after his father, he most likely observed and learned different attitudes, beliefs, and values that he internalized and formed as his own.
- 2. Imagine Havar fifteen years in the future, when he is in his thirties. What might his life be like? What challenges may he be facing that are a result of the career educational and lifestyle decisions he is making now?**
  - a. Havar has most likely developed a strong sense of identity throughout his various stages of development as a reflection of his father. As a result, he possibly made decisions in his life that were similar to what his father would. If Havar truly shares the same values with his father, then his decisions will align, however, if he isn't he might end up coming to a roadblock when he realizes that his identity was based on his father than rather his own.