

Esaieson Junior Ladouceur

Grief Counseling and Grief Therapy

The first thing I learned from these pages is how children go through times of grief and how relationships and family background affect how children grieve. When families have stressors and depression, it influences how children cope with the death of a parent.

The different needs of bereaved children: Very important information is discovered in this chapter. In many cases, children's thoughts are ignored or not incorporated into necessary activities. Knowing the needs of bereaved children will allow us to take good care of children in the event of death in order to help them cope more effectively with death.

Journey Across the LifeSpan

In this chapter I learned about the developmental process of the individual in the stage of puberty or adolescence.

I learned that the reproductive system is the biological system grouping together all the organs and cells that lead to fertilization, future pregnancy and therefore reproduction. We then speak of genital organs or sexual organs to describe the different parts.

I can also understand the difference between the male and female reproductive system. Sperm production takes place continuously in men after puberty. Egg production is cyclical in women and lasts from puberty to menopause

Knowing the characteristics of adolescence is of major importance, because it allows us to understand the behavior and feelings of these children.

This chapter also helps to understand the process of bodily and cognitive development in adolescents.

It is understood that cognitive development in adolescents

In early adolescence, children begin to develop logical thinking, the ability to abstract.

This increased sophistication leads to increased self-awareness and the ability to reflect on one's own being.

Grief and Loss Across the Lifespan

This chapter helps us understand the effects of death on tweens and teens. We understand that in the bereaved adolescent, risky behavior and suicidal temptations can be all the more marked as he will have forbidden himself, in the first stages of mourning, any expression of his grief. The risk of acting out is also greater in adolescence.

We also understand the difference between the brain of an adolescent and other children as well as adults in relation to the biological development of adolescents